

Take charge of your health.



Decision Support helps empower you to make informed choices about care and treatment options. At least one-third of the care delivered in the U.S. may be unnecessary,¹ dramatically affecting health outcomes and medical costs.

With Decision Support, you have access to evidence-based information and guidance, helping make it easier to avoid unnecessary care and unnecessary medical costs.

When you enroll in Treatment Decision Support, you'll work with an experienced registered nurse who can:

- Provide information and resources to help you make more informed decisions about your care.
- Explore your treatment options and potential care paths.
- Find a network UnitedHealth Premium[®] provider or specialist and schedule your appointment.
- Help you understand your benefits so you can feel comfortable that you're making the best decision for you.



Call 1-888-866-8295, TTY 711.

Decision Support delivers results²:

- 80% said that they were further educated and informed about their situation.
- 74% better understood their health care options.
- 83% felt all of their questions were answered.



¹National Business Coalition on Health, Action Brief, July 2012. <http://www.nationalalliancehealth.org/NBCH-Action-Briefs> Accessed 1/2017

²CNPS Q1 2016 Decision Support Results.

³UnitedHealthcare Claims Analysis, July 2014–June 2015. All figures are based on historical experience and are not guarantees of future performance. Actual results will vary.

Decision Support nurses cannot diagnose problems or recommend specific treatment. They are not a substitute for a doctor's care. This service should not be used for emergency or urgent care situations.

Administrative services provided by UnitedHealthcare Insurance Company, United HealthCare Services, Inc. or their affiliates.

©2019 United HealthCare Services, Inc. (ES 19-5238h)